



AFTERCARE GUIDE

PIERCING



Ear piercings

Avoid sleeping on your newly made piercing.

Use hair clips or something else to remove hair from your newly made piercing during the healing period.

Be careful with glasses, and hugs.

Facial piercings

Avoid close contact with animals and people.

Completely avoid using makeup or creams in the area.

Mouth piercings

Rinse your mouth 3-5 times a day with regular mouthwash or water. Mouthwash is important morning and evening. Avoid too much mimicry. Eat cold food for 4 weeks.

Body piercings

Avoid too much exercise for 4-8 weeks.

If necessary, give the piercing a lukewarm salt water bath for 5 minutes and then dry with gauze.

Dermal anchor

Put the plaster on in connection with bathing and sleeping for the first 3 days.

Avoid hot water for 7 days.

Your Dermal is an implant, which means that sooner or later it will be expelled from your body. In such cases, see a piercer who can help you remove it nicely so that it does not leave an ugly scar.

The top of your piercing is replaceable, but this must only be done after 12 weeks AT THE LEAST. However, we only recommend doing it after 6 months.