



AFTERCARE GUIDE

PIERCING



General about wound care

A piercing is a foreign body in the body, and must therefore be well cared for. When you get a piercing, you inflict a wound on the body, this wound will later form a scar tissue border. Only when the scar tissue edge has formed is your piercing 100% healed. When a piercing heals, it will secrete lymph fluid, also known as wound fluid. This liquid is quite harmless, and is only a good sign that your piercing is healing as it should. If a piercing becomes inflamed, the skin around it will be very painful, swollen and red. In such cases, it is important that a piercer confirms to you that it is inflamed. Inflamed piercings must NOT be removed, and must be treated with instructions from the doctor after consultation with a piercer. In the worst case, your piercing can be expelled - from your body. Here it will be very dark red and slowly move out of the area. In such cases, a piercing MUST be removed to reduce scarring. Your piercing can also get an irritation bubble if it is exposed to blows or if you sleep on it. An irritation bubble looks like a pimple but must NOT be pricked. Consult a piercer.

General information about caring for your piercing

Never touch/play unnecessarily with your newly made piercing. Rinse your new piercing once a day in the bath with warm water, then clean your piercing in sterile salt water and dry with gauze. You continue this process for 8-12 weeks. Avoid unnecessary pressure from e.g. clothes, helmets, plasters etc., as your piercing needs air. Do not sleep on your newly made piercing during the healing process. Tighten the balls on your piercing jewelry weekly (towards the right). DO NOT change your jewelry until the swelling has subsided. Give the piercing R0. Avoid using cotton buds when cleaning your piercing. Avoid using chlorhexidine or anything else without consulting a piercer.

Jewelry exchange

If you have been told otherwise, or if this guidance states otherwise, the piercing must rest for a minimum of 4 weeks and preferably 8 weeks. If the piercing is red, swollen, sore or oozing, the piercing must not be changed. Feel free to contact our piercer if you have any questions.